

# SAVE THE DATE!

## Area Agency on Aging CAREGIVER COLLEGE



**FREE  
ONE-DAY  
COURSE**

### Friday, November 3

### State Street AME Zion Church

502 State Street  
Mobile AL 36603

- Enhance your skills to care for your loved one
- Learn about available resources for caregivers, including legal, financial and mental health support
- Find support within a group of your peers
- Education and training provided by caregiving professionals
- Lunch provided

### Please RSVP:

**Della Sanchez**

**251-706-4650**

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