



Area Agency on Aging

# CAREGIVER COLLEGE

Enhance Skills to Care for Your Loved One

**FREE  
ONE-DAY  
COURSE**

## Course Agenda

- Understanding Dementia & Difficult Behaviors**  
Common forms of dementia and behaviors during different stages
- Legal Ease**  
Agency Elder Law Attorney covers elder abuse, exploitation and fraud, income maintenance (loss of income/benefits), accessing health/nursing home care, consumer issues and debt collection, housing, advanced directives, powers of attorney, wills, Medicare, Medicaid & Social Security
- Working Lunch (provided)**  
Southern Care Hospice, Understanding Palliative and Hospice Care
- What's an Ombudsman?**  
Agency Ombudsman discusses nursing home residents' rights
- Grandparent Support Groups**  
Available resources for older relatives who serve as caregivers
- Alabama Cares Support for Caregivers**  
Respite services

**Tuesday, July 18**  
**10 a.m. – 2 p.m.**  
**First Methodist Church**  
**820 Belleville Avenue**  
**Brewton, AL 36426**

**REGISTRATION  
REQUIRED**  
**Della Sanchez**  
**251-706-4650**  
**dellasanchez@sarpc.org**

Please reach out if you need help to care for your loved one to attend class.

