

**What Is Dementia Friendly Alabama?**

Dementia Friendly Alabama (DFA) is an initiative to bring awareness and support to those living with dementia and their care partners in Alabama. We build partnerships to create communities where those living with dementia can live and thrive!

**What is a Dementia Friendly Community?**

It's much more than simply being kind to those impacted by dementia. In these communities, those living with Alzheimer's and their care partners feel respected, supported, and included in everyday life. They foster the ability of people living with dementia to remain in the community, engage and thrive .



# MEMORY CAFE'

**Friday, March 17, 2023**

**9:30 a.m. – 11:30 a.m.**

**Area Agency on Aging/GM&O Building  
2nd floor Training Room  
110 Beauregard St. Mobile, AL 36636  
Snacks and laughter provided.**

**LIMITED SEATING. PLEASE REGISTER.**

**Call: 251.706.4650**

**Email: [dellasanchez@sarpc.org](mailto:dellasanchez@sarpc.org)**



**Free Craft Activity: Spring into Art!  
No experience needed.**

**What is the DFA Memory Café?**

A relaxed social gathering held free of charge and open to anyone affected by memory loss or related cognitive changes. The experience is designed to make people living with dementia feel comfortable and successful. It's a much-needed break and a chance to have fun for caregivers and care partners!