

# FREE ONE-DAY WORKSHOP

## GRANDPARENTS RAISING GRANDCHILDREN

Sponsored by the SOUTH ALABAMA REGIONAL PLANNING COMMISSION / AREA AGENCY ON AGING

GAIN KNOWLEDGE ABOUT THE MULTIPLE ISSUES  
INVOLVED IN GRANDPARENTS ASSUMING THE PARENT ROLE  
**THURSDAY, SEPTEMBER 20, 2018**



**CATHOLIC SOCIAL SERVICES  
CONFERENCE ROOM  
188 SOUTH FLORIDA STREET  
MOBILE, AL 36606  
8:30 AM – 3:00 PM**

- 8:30 AM WELCOME**  
Marilyn King, Director, Catholic Social Services  
Julie McGee, Director, Area Agency on Aging  
Della Sanchez, AL Cares Coordinator, Moderator
- 9:00 AM UNDERSTANDING NEW ROLES FOR GRANDPARENTS**  
Belinda Baggett, Director of Volunteer Services  
USA Children's & Women's Hospital, USA Medical Center
- 10:15 AM BREAK**
- 10:30 AM LEGAL—IDENTIFY LEGAL RIGHTS AND RESPONSIBILITIES**  
Alec Brown, Attorney, Davis and Associates
- 11:45 AM LUNCH -“SHARING THE CARE”**  
“Outreach Specialist -ADRS- Children’s Rehabilitation Services”  
Evey Owen, AARP Associate State Directory, Community Outreach
- 1:00 PM TAKE ACTION! STRESS MANAGEMENT TECHNIQUES FOR A HEALTHIER CAREGIVER**  
Brittany Huey, Statewide Outreach Coordinator  
Alabama Lifespan Respite Resource Network
- 2:00 PM SOCIAL MEDIA 101—FACEBOOK, SNAP CHAT, TWITTER**  
Marcus F. Mitchell, Lieutenant Colonel, USA,  
Retired Marketing Coordinator, USA Baldwin County
- 3:00 PM ADJOURN**



**TO REGISTER:  
CONTACT DELLA SANCHEZ  
251-706-4650  
dellasanchez@sarpc.org**

**LIMITED SEATING  
LUNCH PROVIDED**