

THURSDAY, MAY 10, 2018

TIME: 10:00AM – 11:00AM

EMERGENCY PREPAREDNESS WORKSHOP FOR CAREGIVERS



BE READY CAREGIVERS!

Workshop covers the essentials of what a caregiver should do to prepare for an emergency or disaster. The workshop covers:

- Emergency Information Sheet
- Emergency Contact List
- Financial Tracker
- Legal Tracker
- Current Medication List
- Other important forms and supplies needed

In this workshop you will build a personalized “to go” emergency kit. Please bring:

- Emergency contact information such as family, friends and neighbors.
- Important cards to copy and waterproof such as social security, Medicaid/Medicare, ID/Driver’s license, insurance card and other applicable
- List of care receiver’s medications, important papers to copy, passwords to phones – computers
- Important information to put on financial and legal tracker



SUPPORT GROUP MEETING

E.A. ROBERTS

ALZHEIMER’S CENTER
169 MOBILE INFIRMARY BLVD.
MOBILE, AL 36607
251-435-6950

A “grab and go” disaster supply kit will be provided for those participating in the workshop (while supplies last).

Worksheets for medical, legal and financial tracking will be provided.

A copy machine and laminator will be available for your use to copy important cards and papers.

SARPC AREA AGENCY ON AGING
110 Beauregard Street, Suite 207
Mobile, AL 36602
AL Department of Senior Services
and a grant from Public Health

