

# FREE ONE-DAY WORKSHOP

## GRANDPARENTS RAISING GRANDCHILDREN

Sponsored by the SOUTH ALABAMA REGIONAL PLANNING COMMISSION / AREA AGENCY ON AGING

**GAIN KNOWLEDGE ABOUT THE MULTIPLE ISSUES  
INVOLVED IN GRANDPARENTS ASSUMING THE PARENT ROLE**

**THURSDAY, SEPTEMBER 21, 2017**

**CATHOLIC SOCIAL SERVICES**



**CONFERENCE ROOM**  
188 South Florida Street  
Mobile, AL 36603  
**8:30 a.m. – 3:00 p.m.**

- 8:30 a.m. WELCOME**  
Marilyn King, Director, Catholic Social Services  
Julie McGee, Director, Area Agency on Aging  
Della Sanchez, AL Cares Coordinator, Moderator
- 9:00 a.m. UNDERSTANDING NEW ROLES FOR GRANDPARENTS”**  
Dr. Roma Stovall Hanks, PhD, Professor & Chair,  
Department of Sociology, Anthropology and Social Work;  
Director, USA Programs in Gerontology; Academic/Research  
Director, USA Center for Generational Studies
- 10:15 a.m. BREAK**
- 10:30 a.m. LEGAL- IDENTIFY LEGAL RIGHTS AND RESPONSIBILITIES**  
Scott McNally, Attorney, Law Office of T. Scott McNally
- 11:45 a.m. LUNCH - “SHARING THE CARE”**  
Dorothy C. Dorton, AARP Associate State Director, Community Outreach
- 1:00 p.m. TAKE ACTION! STRESS MANAGEMENT TECHNIQUES FOR A HEALTHIER CAREGIVER**  
Melissa Terry, Statewide Outreach Coordinator  
Alabama Lifespan Respite Resource Network
- 2:00 p.m. SOCIAL MEDIA 101- FACEBOOK, SNAP CHAT, TWITTER**  
Sarah Bumgarner, Marketing Manager, Lifelines Counseling Services
- 3:00 p.m. ADJOURN**



**TO REGISTER:**

**CONTACT DELLA SANCHEZ**  
**251-706-4650**  
**dellasanchez@sarpc.org**

**LIMITED SEATING**  
**LUNCH PROVIDED**